USDA National Nutrient Database for Standard Reference Release 28

Statistics Report 04595, Shortening, multipurpose, soybean (hydrogenated) and palm (hydrogenated)

Report Date:October 23, 2015 06:41 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	0.00									Analytical or derived from analytical		06/1979
Energy	kcal	884									Calculated or imputed		06/1979
Energy	kJ	3699									Calculated or imputed		01/2014
Protein	g	0.00									Analytical or derived from analytical		06/1979
Total lipid (fat)	g	100.00									Analytical or derived from analytical		06/1979
Ash	g	0.00									Analytical or derived from analytical		06/1979
Carbohydrate, by difference	g	0.00									Analytical or derived from analytical		06/1979
Fiber, total dietary	g	0.0									Calculated or imputed		06/1979
Minerals													
Calcium, Ca	mg	0									Calculated or imputed		06/1979
Iron, Fe	mg	0.00									Calculated or imputed		06/1979
Magnesium, Mg	mg	0									Calculated or imputed		06/1979
Phosphorus, P	mg	0									Calculated or imputed		06/1979
Potassium, K	mg	0									Calculated or imputed		06/1979

Nutrient	Unit	Value Per100 g	Data Points	l. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sodium, Na	mg	0									Calculated or imputed		06/1979
Zinc, Zn	mg	0.00									Calculated or imputed		06/1979
Copper, Cu	mg	0.000									Calculated or imputed		06/1979
Manganese, Mn	mg	0.000									Calculated or imputed		06/1979
Selenium, Se	μg	0.0									Assumed zero		12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0									Calculated or imputed		06/1979
Thiamin	mg	0.000									Calculated or imputed		06/1979
Riboflavin	mg	0.000									Calculated or imputed		06/1979
Niacin	mg	0.000									Calculated or imputed		06/1979
Pantothenic acid	mg	0.000									Calculated or imputed		06/1979
Vitamin B-6	mg	0.000									Calculated or imputed		06/1979
Folate, total	μg	0									Calculated or imputed		06/1979
Folic acid	μg	0									Assumed zero		01/2001
Folate, food	μg	0									Calculated or imputed		06/1979
Folate, DFE	μg	0									Calculated or imputed		01/2001
Vitamin B-12	μg	0.00									Calculated or imputed		06/1979
Vitamin A, RAE	μg	0									Calculated or imputed		06/2002
Retinol	μg	0									Assumed zero		06/2002
Vitamin A, IU	IU	0									Calculated or imputed		06/1979

Nutrient	Unit	Value Per100 g	Data Points Std. Err	or Min	Max	df	LB	UB	# Studies Source	NDB Ref	Last Modified
Lipids Fatty acids, total saturated	g	30.423							Analytical or derived from analytical		06/1979
8:0	g	0.101							Analytical or derived from analytical		06/1979
10:0	g	0.101							Analytical or derived from analytical		06/1979
12:0	g	0.403							Analytical or derived from analytical		06/1979
14:0	g	0.403							Analytical or derived from analytical		06/1979
16:0	g	19.442							Analytical or derived from analytical		06/1979
18:0	g	9.973							Analytical or derived from analytical		06/1979
Fatty acids, total monounsaturated	g	50.973							Analytical or derived from analytical		06/1979
18:1 undifferentiated	g	50.973							Analytical or derived from analytical		06/1979
Fatty acids, total polyunsaturated	g	14.204							Analytical or derived from analytical		06/1979
18:2 undifferentiated	g	13.600							Analytical or derived from analytical		06/1979
18:3 undifferentiated	g	0.604							Analytical or derived from analytical		06/1979
Cholesterol	mg	0							Calculated or imputed		06/1979